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**From**

Yemen Family Care Association (YFCA)

**Project details**

Support Obstetric Emergencies to provide maternal, newborn and RH services at health facilities supporting CEMONC & BEMONC services

**funded by**

UNFPA

**Venue of the story**Al-Makhalia Area ,
Al-Hodeidah Governorate**Sector**

Health

A NEW DIRECTION FOR WELLNESS THROUGH AWARENESS



Funded by UNFPA, Yemen Family Health Care Association recently conducted a field visit to Al-Makhalia in Alhudaidah Governorate. This visit was organized by a volunteer team nominated by Obal Center in Makhalia area and aimed to promote awareness about the importance of taking care of the mother and the baby during breastfeeding. One of the 2500 beneficiaries of this initiative is a 21-year-old mother named Angham, who was feeding her

newborn with livestock milk. Upon examination of the mother and the baby, it was discovered that the baby was having persistent diarrhea and weight loss. When asked why she was not breastfeeding her child, Angham confessed that she did not know how to handle the situation, how to make her little one latch onto her nipple, or how to hold the child while breastfeeding. Additionally, she thought that livestock milk was better for her child's health.



Dr. Insham, a gynecologist, conducted an awareness session for Angham and other mothers to emphasize on the significance of breastfeeding. She educated them on the correct techniques and the advantages of breast milk, such as shielding against diarrhea and

pneumonia, as it contains essential elements and vitamins necessary for the child's growth. Subsequently, Angham was contacted two days later to check on her and her baby's wellbeing. She stated that breastfeeding had ameliorated her baby's diarrhea and their health had improved.



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After the awareness session and the doctor's assessment, I became aware of the dangers of feeding my baby with animal milk. By the end of the session, I knew how to breastfeed my child and my baby started to gain weight again.

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Angham said.

Angham and all attendees of this awareness activity were appreciating the volunteers' efforts, YFCA and UNPA. In addition, Angham also expressed her wish that education would reach the maximum number of mothers - especially those living in rural areas - to understand the importance of breastfeeding, so that their children can be raised in good health.