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	From	Yemen Family Care Association (YFCA)
	Project details	Promotion preventive and lifesaving nutrition intervention

	funded by	WFP
	Venue of the story	Al Mahabishah District, Hajjah Governorate
	Sector	Nutrition

DRIVEN BY DESPERATION AND HOPE



In the small and remote village of Al Mahbisha in Hajjah governorate, life is harsh and challenging for many families. Shefa, only 36 months old, was one of those children who were facing a difficult situation. Her family's financial struggles meant that they could not afford regular meals, and this lack of basic nutrients began to affect negatively on Shefa's health. Day by day, she grew thinner and weaker, and her mother noticed that she was losing her appetite. Despite her best efforts, her mother was unable to provide her daughter with the necessary

nutrition, and Shefa's health started to deteriorate. Desperate to help her daughter, Shefa's mother decided to take her to Bani Mujai'e health center. Upon arrival, the healthcare workers quickly assessed Shefa's condition by measuring her Mid-upper arm circumference (MUAC), which confirmed that she had moderate acute malnutrition with a reading of 12.1. However, the healthcare workers provided Shefa with hope as they enrolled her in the Target Supplementary Feeding Programme (TSFP) and provided her with the necessary supplements.



During her second visit, Shefa's progress was visible, her MUAC rose to 12.7, and her overall health significantly improved. She was no longer losing weight, and her appetite had returned. Her mother was overjoyed to see her daughter's health getting improved, and she expressed her gratitude to the healthcare workers, "I truly appreciate the services you provide; you have helped my daughter to regain her health." Yemen Family Care Association (YFCA) and the World Food Program (WFP) have been working tirelessly to implement preventive nutrition interventions in Al Mahbishah district, helping countless families like Shefa's to

overcome malnutrition and lead healthier lives. These efforts have made a significant impact in the region, providing hope and a brighter future for many families who have been struggling to make ends meet. Thanks to the dedication of healthcare workers and the support of YFCA and WFP, children like Shefa can now receive the care and attention they need to overcome malnutrition and lead healthier lives. While there are still many challenges to overcome, there is hope that with continued support and intervention, families in remote and underprivileged regions of Yemen can access the care and resources they need.