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Promotion preventive and lifesaving nutrition intervention

funded by WFP

Al Meflhi District,
Lahj Governorate

Sector Nutrition

A REMARKABLE TURNAROUND



In the small village of Al-Muflihi within Lahj governorate, lived a one-month-old baby boy named Turki Waheeb. Turki resided with his father's side of the family, as his parents were separated and his father had gone away to study. Growing up without both parents can cause not just emotional strain but can also impact one's overall health if not properly attended to. In Turki's case, no one had realized that he was not

eating well and gradually losing his appetite. It was not until he became extremely weak, emaciated, and lethargic that his family realized. His grandfather was overwhelmed by the responsibility for caring for a baby and expressed fear of potentially losing Turki. He thought about breaking the news to his son. In hushed tones, he confessed, "When I noticed how skinny he was, I thought we were losing him and I didn't know what I was going to tell my son."





Desperate for help, the grandfather took Turki to Atharah Health Center, where Yemen Family Care Association (YFCA), in partnership with World Food Program (WFP), coordinates a preventative and life-saving nutrition intervention program. At the center, medical professionals evaluated Turki's condition by taking anthropometric measurements - with a score of 3, it was determined that he needed immediate assistance through enrollment in the Targeted Supplementary Feeding Program (TSFP). There, he received both nutritional supplies and helpful guidance on proper nutrition practices for his caregivers. Turki's grandfather reminisced about the days he spent

worrying over the gaunt boy, not being able to find any rest. "I never imagined he would pull through; he seemed too weak. I could not sleep for days and his health was my outmost concern," the elder man said, cradling Turki tenderly in his arms. Now, on the road to recovery and embraced by his grandfather's affection, Turki experienced a remarkable turnaround. After completing three months in the TSFP program, he left stronger and healthier than before. With an extreme gratitude, the relieved grandfather expressed his appreciation to YFCA and WFP for their vital assistance in restoring Turki's health and giving their family a renewed sense of hope.