

A DOUBLE BLESSING: HOW A YOUNG MOTHER DELIVERED TWINS SAFELY WITH THE HELP OF YFCA AND UNFPA

Halwa, 27, had a long-awaited dream, to become a mother. She and her husband lived in a remote village in Sana'a governorate, where they struggled to make ends meet. Her husband worked as a daily seller in a food stand, and they had no access to quality health care.

Halwa became pregnant after five years of marriage, and she was overjoyed. She decided to follow her pregnancy with one of the village's midwives, who was trusted by the villagers for her experience in delivering women and monitoring their conditions.

However, Halwa could not afford to travel to the city for regular prenatal care. She only went once, when her husband managed to save some money, and they found out that she was expecting twins. The doctor assured them that their condition was normal, and Halwa returned to the village to await the delivery.

When she entered her ninth month, Halwa felt labor pains and called the midwife. The midwife realized that Halwa was carrying twins, and advised them to go to the hospital as soon as possible. She knew that delivering twins could be risky and complicated and that Halwa needed professional care.



Halwa and her husband rushed to Alsabeen Hospital, where they were immediately transferred to the emergency obstetrics department. The hospital staff, who are supported by Yemen Family Care Association (YFCA) and the United Nations Population Fund (UNFPA), were ready to assist them.

The medical staff examined Halwa and confirmed that she was about to give birth. They managed to deliver her first child through a natural birth, but they faced a challenge with the second child. The baby was in an abnormal position for delivery, and it was impossible to deliver naturally. The baby's heartbeat was also accelerating, indicating distress.

The medical staff decided to perform an emergency cesarean section, to save the mother and the child. They took Halwa to the operating room, where they successfully delivered the second child and handed him over to the pediatrician for admission to the nursery.



The nurse giving a post-medical care for Halwa after delivering.

Halwa and her twins were in good hands. The medical staff monitored her condition and transferred her to the recovery ward, where she stayed for two days. The first child was discharged from the hospital on the same day of birth, as he was in stable condition. The second child stayed in the nursery for one day, before he was reunited with his mother.

Halwa was ecstatic and grateful. She thanked the hospital staff for their kindness and generosity, and for saving her life and her children's lives.

She also thanked the YFCA and UNFPA for their support and assistance, and for making her dream come true of becoming a mother.

**“ I am grateful for YFCA and UNFPA support for Alsabeen Hospital. ”
She Said.**

Halwa's story is one of many success stories that show the impact of the YFCA and UNFPA's work in Yemen, where they provide comprehensive and integrated responses to emergency obstetric and newborn care (CEmONC & BEmONC) services to women and girls, especially those who are most vulnerable and marginalized.