

OVER COMING COMPLICATIONS AND CELEBRATING NEW LIFE

In January 2024, in the small village of Mahal Barakat, located northeast of Sokhna district, a remarkable success story unfolded. Fatima, a 37-year-old mother, embarked on a challenging journey that ultimately resulted in the safe delivery of her baby, despite facing multiple complications.

Fatima and her family, consisting of her husband, and two children, were living in difficult circumstances with no source of income. On the morning of Sunday, January 14, the villagers heard Fatima's cries of pain, signaling the onset of labor. However, her husband was filled with anxiety and helplessness as he lacked the funds to provide transportation to the hospital. The intensity of Fatima's pain increased, and her situation worsened as time passed. Fearful of his wife's well-being, Fatima's husband desperately searched for a solution.

Fortunately, one compassionate villager heard of the distressing situation and generously offered to cover the transportation costs. With the help of this kind-hearted individual, Fatima and her husband were able to reach the Obstetric Emergency Sokhna Hospital, supported by YFCA and UNFPA, arriving at precisely nine o'clock in the morning. Due to the delay in their arrival, Fatima was semi-fainting and experiencing severe pain.

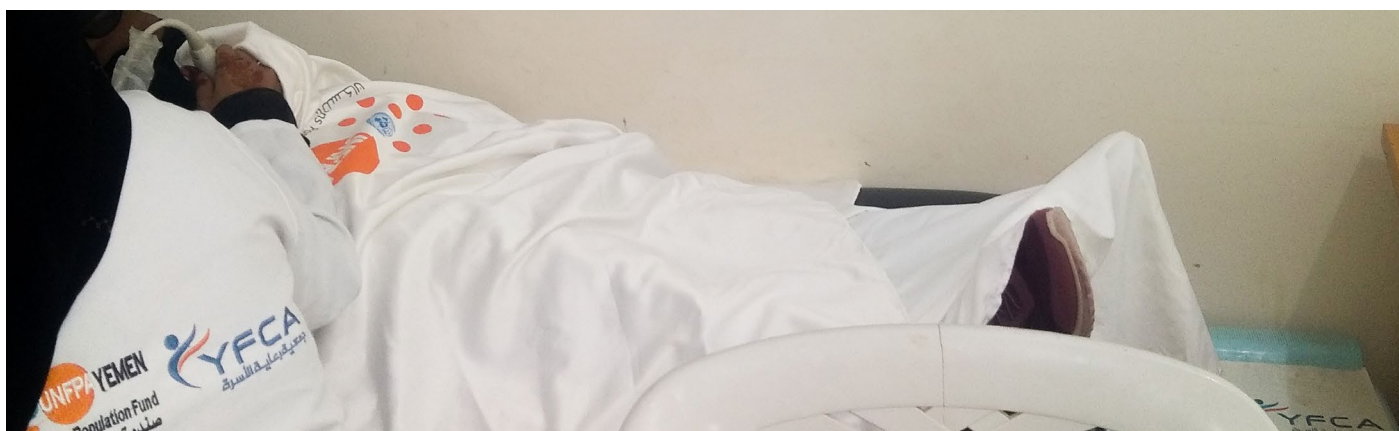
Upon arrival, medical professionals immediately assessed Fatima's vital signs. Her temperature was recorded at 36.5 degrees Celsius, her pulse at 86, and her blood pressure at 90/50. A general blood test was conducted to confirm her blood type and percentage, revealing positive results. Intravenous fluids were administered to Fatima, and preparations were made for her delivery. The medical team continuously monitored the fetal pulse throughout the process.



At ten o'clock in the morning, Fatima successfully gave birth to her child. However, the newborn faced some initial complications, including a weak pulse. Prompt action was taken, and the baby was provided with oxygen until their pulse returned to normal. Both Fatima and her newborn were then moved to the postpartum room for further observation and care.

During this time, the medical staff closely monitored Fatima's vital signs and continued administering intravenous fluids until her condition stabilized. The medical team offered crucial advice to Fatima regarding breastfeeding, emphasizing its importance for the baby's health. They also guided caring for the baby's umbilical cord and protecting them from infections. Fatima was urged to keep her child in a warm environment, shielding them from cold air, and spacing out future births for the well-being of both mother and child.

As the condition of both mother and newborn improved and they achieved good health, they were discharged at noon. Fatima extended her heartfelt appreciation to YFCA medical staff at the Obstetric Emergency Sokhna Hospital for their exceptional care, expertise, and support throughout the process.



Fatima being checked by YFCA doctor.



Fatima and her baby after their health improved.



Fatima's baby given medical care by the nurse.

“ The support from the YFCA and UNFPA not only helped me overcome the complications but also gave me hope for a better future for my child and other mothers in need. ”
Fatima said

This success story not only highlights the resilience and determination of Fatima and her family but also underscores the invaluable support provided by the YFCA and UNFPA. Their intervention and assistance in improving reproductive health and obstetric emergency services played a vital role in achieving positive outcomes for mothers and children in the community.