

RESTORING HEALTH AND DIGNITY FOR A DISPLACED FAMILY: SALAH'S STORY

In the shadow of Yemen's complex humanitarian crisis, individual stories of resilience shine as beacons of hope. This is the story of Salah Hussein Ali, a 45-year-old displaced man, and his family of four, whose lives were transformed by a multi-sectoral humanitarian intervention implemented by the Yemen Family Care Association (YFCA) in the Al-Tubah camp, Kheiran Al-Mahraq district, Hajjah Governorate.

A Life of Hardship and Despair

Before receiving help, Salah and his family endured a harsh reality marked by illness and poverty. As a displaced person, Salah struggled to provide for his family without any source of income. His battle with diabetes made it impossible for him to work, and the situation worsened when his mother suffered a stroke, adding to his caregiving burdens. The family's living conditions were dire. Without a safe bathroom, they often had to defecate in the open, exposing them to safety risks and stripping them of their dignity. **"We were exposed to diarrhea and diseases, and there was no hygiene,"** Salah recalled. Contaminated water and unsanitary conditions further jeopardized their health.

A Lifeline of Critical Interventions

Recognized as one of the most vulnerable families, Salah's household was selected for support through a project funded by the Yemen Humanitarian Fund (YHF). This intervention, which began in March 2025, aimed to address their urgent needs through life-saving assistance in Water, Sanitation, and Hygiene (WASH). The support provided was transformative. The installation of a secure and private bathroom eliminated the dangerous and humiliating practice of open defecation. Essential hygiene kits, including soap, promoted proper hygiene practices and alleviated financial burdens. Additionally, a water filter ensured consistent access to clean drinking water, directly combating the threat of waterborne diseases. **"During the intervention, I felt hopeful,"** Salah said. **"The support helped solve most of the problems my family was facing."**



Salah shares his story with the project coordinator, giving his consent for the impactful interventions that transformed his family's life.

The Impact: A Tangible Transformation

The impact of these interventions on Salah's family was immediate and profound. Their health, dignity, and psychological well-being were significantly restored. Access to clean water and hygiene led to a dramatic improvement in the family's health. "After the intervention, my family no longer suffers from diseases, especially diarrhea," Salah reported. The safe bathroom restored the family's sense of privacy and safety. "We feel psychological comfort and stability because our dignity is protected," Salah expressed. The hygiene kits eased financial pressure, allowing them to direct resources toward other essential needs. Moreover, the family adopted positive hygiene behaviors, ensuring the sustainability of health benefits.



Salah demonstrates proper hygiene practices in front of the newly installed latrines, using the hygiene kits provided .



Salah enjoys the clean water from the container included in his hygiene kit.

A Sustainable Future

The project is expected to have lasting effects. The reduction in disease incidence, the adoption of healthy behaviors, and the restored sense of dignity contribute to a more resilient family unit. As a project manager stated, "This project is not just temporary assistance; it is an investment in a healthier and more dignified future for the most vulnerable communities." Salah's final words encapsulate this newfound hope: "My family and I now feel comfort and psychological stability. There is no longer any worry about water contamination, as the filter has helped provide clean and safe water." His story stands as a powerful testament to how targeted, multi-sectoral humanitarian interventions can transform struggle into survival, dignity, and hope.