

A DOUBLE BLESSING: HOW UNFPA-SUPPORTED PROJECT HELPED AISHA DELIVER HEALTHY TWINS

Aisha, a 20-year-old woman from Sufyan district in Sa'ada governorate, had a high-risk pregnancy. She was expecting twins, but she did not know that until she arrived at Aljumhori Hospital in Sa'ada. She had been in labor for a day, and she was exhausted and in pain. She had no access to quality healthcare services in her remote area of Al-Amshiyya, and she could not afford to travel to a better facility.

But thanks to a project funded by UNFPA and implemented by YFCA, Aisha received the comprehensive and integrated response to basic and comprehensive emergency obstetric and neonatal care (BEmONC and CEmONC) services she needed at the hospital. The project provides life-saving care to pregnant women and newborns in conflict-affected areas of Yemen, where maternal and child mortality rates are among the highest in the world.

When Aisha reached the hospital, the project's medical team was ready to assist her. They performed a clinical examination and an ultrasound scan, and they discovered that Aisha was carrying twins. They monitored her condition for eight hours, and they helped her deliver her first baby, a boy weighing 3 kilograms. Half an hour later, they delivered her second baby, a girl weighing 2.7 kilograms. Both babies were healthy, thanks to the timely and professional care they received.

However, Aisha's ordeal was not over yet. She suffered from postpartum hemorrhage, a leading cause of maternal death in Yemen. The team acted quickly and stopped the bleeding, and they transfused blood and plasma to her. They also gave her antibiotics and fluids, and they kept her under observation until her condition stabilized. After a few days, Aisha and her twins were discharged from the hospital in good health. Aisha was overjoyed and grateful to the project staff for their kindness and expertise and for giving her a chance to become the mother of two beautiful and lovely children.

Aisha's story is one of many that show the impact of YFCA and UNFPA's support on reproductive health services in Yemen, where the ongoing conflict and humanitarian crisis have left millions of women and girls in need of life-saving care. UNFPA is committed to ensuring that every pregnancy is wanted, every childbirth is safe, and every young person's potential is fulfilled.



Aisha's twin safe and sound after delivery.