

FROM DESPAIR TO HOPE: KARIMA'S JOURNEY TOWARDS HEALTH AND RESILIENCE

In the remote desert residential area of Al-Gadidah, far from the bustling city life, a community of internally displaced persons (IDPs) and marginalized households braved the cold and harsh climatic conditions. Among them was Karima Ahmed, a 27-year-old mother of four, who found herself grappling with a life-altering condition - uterine prolapse with cystocele, a consequence of an obstructed delivery. This condition caused her to experience a debilitating sense of heaviness and weakness in her perineum, frequent urination, urinary incontinence, and persistent symptoms of urinary tract infection. The once vibrant woman was now unable to perform even the most basic tasks.

The absence of nearby clinics and limited access to healthcare facilities compounded Karima's ordeal. However, a glimmer of hope emerged in the form of a mobile healthcare team that visited her community. This team, part of the "Provision of essential trauma lifesaving health care services within the MSP package to people in need at Marib city and Marib Al Wadi districts of Marib governorate project" implemented by YFCA and supported by the World Health Organization (WHO), recognized the severity of her condition. They swiftly diagnosed her illness and arranged for her transfer to Kara Hospital.



At the hospital, a specialist gynecologist took charge of Karima's case. After a thorough examination, it was determined that Karima required an anterior colporrhaphy to repair the uterine prolapse and perform restoration in the affected area. This was a critical intervention that would significantly improve her quality of life.

Understanding the financial constraints faced by Karima, YFCA stepped in to provide support by covering the cost of the operation, and the hospital generously offered a 90% discount on investigations and surgical expenses. This collective effort ensured that Karima received the necessary medical attention despite her financial limitations.

With the support of a skilled medical team and the successful operation behind her, Karima experienced an incredible transformation. She transitioned from a state of constant pain and despair to a life of good health and improved quality. This transformation was not just physical but also emotional, as she regained her confidence and independence.



The mobile clinic team getting ready to go to Karima's village.



One of the mobile clinic team taking Karima's details.

Karima's success story is a testament to the transformative power of accessible healthcare and the difference it can make in the lives of individuals who face challenging circumstances. It underscores the significance of mobile healthcare initiatives and the dedication of healthcare professionals who go above and

beyond to ensure that no one is left behind.

Karima's journey from despair and pain to restored health serves as a powerful reminder of the importance of timely interventions, compassionate care, and the collective efforts of organizations like WHO and YFCA.